Integrative medicine
Quantum Energy Medicine
Chelation & Detoxification
Hematogenous Oxidation Therapy (HOT)
Autologous Allergy treatment
Pain Management
Anti-Aging
Rejuvenation
Organotherapy
Integrative Cancer treatment
Aesthetic and body shaping
Weight Management
Nutraceutical Products
Cosmeceutical Products
Stem Cell Therapies
Absolute Health Integrative Medical Center
The Advancement in Medicine

Absolute Health Integrative Medical Center is a full service medical clinic providing Anti-Aging, Integrative and Advancement in Medicine for individualized treatment programs for patients of all ages and with various disorders. Our physicians use Dietary Manipulation, Herbs, Vitamins and Minerals, Homeopathy, Detoxification, Chelation Therapy, Bio-oxidative Therapy, Hyperthermia, Acupuncture Point Injection, Neurotherapy von Huneke, Physiological Regulation Therapy, Electrostatic Stimulation, Organotherapy and Natural Hormonal Replacement in order to optimize the body’s innate ability to heal itself.

We have pioneered a unique oxidative treatment, which is especially helpful in diabetes, angina, heart disorders, cardiovascular disease, gangrene, and chronic viral infections. We also specialize in Neural Therapy and Milani Pain Management - effective treatments for sports injuries, sciatica, degenerative hips and knees, and many other painful conditions.
We also provide consultation services for Fetal Stem Cell Transplantation trial as the focal point in Bangkok for the Institute for Regenerative Medicine.

The Center specializes in safe, natural, advanced medical therapies for most medical conditions, including but not limited to:

- Angina and Coronary Artery Disease
- Diabetes and Insulin Resistance
- Macular Degeneration
- Metabolic Weight Loss Programs
- Osteoarthritis and Rheumatoid Arthritis
- Fatigue, Candidiasis, and Fibromyalgia
- Sports Injuries and Rotator Cuff Tears
- Natural Joint Reconstruction for Hips and Knees
- Chronic Back Pain
- Lupus and Multiple Sclerosis
- Pediatrics, Including ADD
- Allergies and Sinusitis
- Depression, Anxiety, and Panic Disorder
- Sexual Dysfunction
- Prostate Disorders
- Heartburn, Hiatal Hernia, Indigestion, GERDS
- Osteoporosis
- Lung Disorders
- Chronic Hepatitis
- Herpes
- Memory Loss
- Preventive Medicine
- Colitis, Irritable Bowel, Crohn’s Disease
- Acne, Pigmentation, Wrinkles, and All Skin Conditions
- Headaches and Migraines
- Comprehensive Cancer Therapy
AH Screening Plus™

Absolute Health has developed comprehensive screening programs using an integrative approach to assess predisposition to various degenerative disease including Diabetes, Cancer, Cardiovascular Disease, Cerebrovascular Disease, Renal Disease etc. We use conventional laboratory testing plus energetic screening as well as the cutting-edge technology of Molecular Gene Testing.

If heart disease is a concern, we will evaluate not only your cholesterol and triglyceride levels but also emerging risk factors for heart disease such as homocysteine, lipoprotein (a), hs C-reactive protein, fibrinogen and other clotting parameters.

Blood tests can be performed to measure levels of estrogen, progesterone, testosterone, DHEA, and thyroid hormones. This will help your doctor determine whether you suffer from hormone deficiencies that could increase your risk of heart disease, stroke, Alzheimer’s disease, or other ailments. Bone density screening using impedance analyzer will reveal the density and strength of your bones. To identify insulin resistance (a risk factor for type 2 diabetes), your doctor will review your fasting blood glucose, HDL cholesterol and triglyceride levels, blood pressure, and weight.

All of the information gathered from your history and physical examination as well as these and other noninvasive tests will be used to create your personalized treatment program.
In today’s world we face an increased risk of toxin accumulation in our body. Toxic substances can enter our body via direct contamination of the water we drink or bathe in, the air we breathe and the food we eat, since we use more chemical substances in every step of our food chain. Using fossil energy also creates air pollution, especially in metropolitan areas. Secondly, a series of toxins come from our daily cooking process, especially when we cook protein enriched food i.e. meat and poultry. Heating protein will create heterocyclic amine and we’ve found that heterocyclic amine is a potent carcinogen and causes DNA damage to a greater extent than earlier thought. Even though we try to avoid meat, a recent study revealed that healthier food like grilled salmon still has some level of heterocyclic amine - enough for having carcinogenicity. The third series of toxins come from our own metabolic processes which create metabolic waste products and also the function of the liver itself when liver metabolizes harmless organic substances it may also produce heterocyclic amine as a by-product.

When our body accumulates more and more toxins, our natural body detoxification process will become less and less effective. The intercellular matrix will become congested with different kinds of toxin. A congested matrix blocks the intercellular connection pathway and the messenger molecule (i.e. hormone, peptide) from the bloodstream cannot reach the target cell, so the target cell cannot function or accept control from the neurovegetative center. This will lead to degenerative disease such as Type II diabetes, Alzheimer’s disease, cardiovascular disease, liver disease or cancer.

AH detox™ offers intensive detoxification programs including intravenous detoxification, multiple vitamin mega-dose infusion, homeopathy, homotoxicology, heavy metal detoxification, free radical quenching, liver detoxification etc.
AH Cardiodetox

Scientists agree that the real cause of acute cardiovascular episode - angina pectoris or coronary artery occlusion - is not directly related to the formation of static cholesterol plaques inside the vascular wall. Instead, the damaged inner wall of a blood vessel, especially at the unstable plaque site is caused by an inflammatory process which is believed to be triggered by free radicals damaging the inner lining of the blood vessel wall. When those inflamed vulnerable plaques throw an embolus they occlude the pre-hardening vasculature. This is the reason why the cholesterol lowering drug Statin will not reduce the risk of cardiovascular death for 6 months after first using the drug. Since Statin may be too late to protect our heart problem we need to use another method that address the real problem – the inflammation.

AH Cardiodetox™ program uses EDTA Chelation therapy, Laser Haemotherapy and Hematogenous Oxidation Therapy. The aim of the treatment is to remove heavy metal, get rid of the inflammation, enhance the repair process of blood vessel walls and free radical quenching. This program can be used prevent the need for bypass surgery and enjoys an 85% success rate.

Regenerative Medicine™

Myths and stories about regenerative medicine have long been present in our history, ever since the search began for the elixir of youth. However, recently all the hoping and searching has been focused on the stem cell because of its abilities to reproduce itself and thus give rise to virtually all the functioning cells and tissues in our body. We are now witnessing new discoveries about stem cells and their ability to repair or regenerate damaged cells and tissues thus alleviating many degenerative diseases.

Apart from the ongoing research on stem cells, a biomolecular substance i.e. organopeptide or homeopathic suiss organ, has also been proven to induce body repair processes as well. From Germany originally, this medical innovation is being widely used now in almost all European countries.

AH Regenerative Medicine provides effective treatment for osteoporosis, autoimmune disease, degenerative disease of endocrine organs and for eye, kidney, liver, ear, heart, brain, blood vessels, adrenal gland, pituitary gland, nerve, muscle etc.
Conventional treatment for allergy and autoimmune disease comprises medications that suppress the inflammation caused by allergic reaction and autoimmune reaction. Some drugs can also modify the course of disease and prevent disability. However, lengthy use of medication can cause serious adverse effects and require ever more potent medications which are also more toxic to our body.

Absolute Health has developed naturopathic therapy for allergy and autoimmune disease in order to neutralize the immune system as well as desensitization for certain abnormal immunologic conditions. This can be done along with conventional methods until the disease process gradually improves and calms down. Then we can decrease or discontinue certain toxic conventional medications. In many cases, severe autoimmune disease that fails to respond to maximum medical treatment can be induced to a state of remission by using our advanced desensitization and immune modulation protocol.
Pain Management

Chronic pain from various origins may not need the long term use of painkillers or anti-inflammatory drugs. Absolute Health pain management tries to explore as much as possible the cause of pain - including the mind, emotions, toxin build up, hormonal imbalance, localized injury to the musculoskeletal system, micro trauma and micro fibrosis etc.

When we address the wider causes of chronic pain, we do not use painkillers only. Instead we use different modalities to cope with the pain, including regeneration of bone and joint lining; unlocking the myofascial trigger point, homeopathic suiss organ, cytokine, hormonal balance, organopeptides etc. By providing the necessary building blocks for cell and tissue repair and regeneration, our body’s ability to repair itself will be enhanced, until finally we feel free from all symptoms.

Nutritional medicine

Not long ago medical researchers realized the importance of nutritional supplements in the prevention and treatment of degenerative diseases. The change in policy concerning nutritional supplements is due to recent breakthroughs in nutraceutical research. In the year 2002 the American Medical Association began advising all adults to take at least one multi-vitamin per day - a reversal of their long-standing anti-vitamin policy. The new evidence, much of it in the last couple of years, is that vitamins also help prevent heart disease, cancer, osteoporosis and birth defects.

The recommended daily allowance of vitamins and minerals was originally to prevent the symptoms of vitamin-deficiency disorders. However, evidence is growing that higher levels of many vitamins are necessary for optimum health.

By detecting your body level of vitamins and minerals, including oxidative stress, it will help you determine exactly the nutritional supplements that are suitable for you individually to maintain the optimum level necessary for your health and longevity.
Oxidation therapy is a biological healing modality utilizing a method to increase the tissue oxidation process. Ultraviolet blood irradiation, H2O2 infusion and ozone therapy produce the following beneficial reactions: improved micro circulation and oxygenation of tissues, anti-inflammatory effects, stimulation of the immune system, increased tolerance of the body towards radiation or chemotherapy, cardiovascular protection through increased metabolism of cholesterol, uric acid, and glucose, resolution of vascular spasms and powerful anti-infection properties.

Oxidation therapy is suitable in all conditions related to decreased cellular respiration, chronic inflammation, degenerative disease of internal organs, infections of all types (bacterial, viral, fungal, protozoic), toxic conditions of all types (snake bites or organic poisoning), injuries, wound healing, venous stasis ulcers, Raynaud's disease, migraine, acute flare-ups of arthritic joints, fibromyalgia, osteoporosis pain, diabetic retinopathy, macular degeneration, asthma, acne, herpes zoster, psoriasis, chronic intestinal inflammation, occlusion of arteries, (including stroke), thrombosis or an increase in blood coagulability, thrombophlebitis, general detoxification and it combines well with other treatment for cancer patients.
Aesthetic Treatment

Aesthetics is a part of anti-aging medicine. At Absolute Health, we use natural, homeopathic skin treatment for various kinds of age-related skin problems, such as melasma, wrinkles, skin slackening, age spots etc. The benefit of using skin homeopathy treatment is that there are no side effects and it gives a more natural look compared to conventional Botox injection or Dermal filler. We also provide placenta-derived stem cell skin rejuvenation and cryogenic facial stem cell treatment.

As we age, we inevitably get adipose deposition. Concerning fat, all our mental images conjure up an inert blob, but recent studies on the nature of fat have revealed surprising findings. Fat, it seems, is alive. Fat is an active substance that emits a number of hormones throughout the body. Where fat gathers around the middle of our bodies - becoming a blanket that smothers our vital organs - it can be especially harmful, sending out streams of proteins called cytokines. These substances can produce harmful inflammation, setting the stage for heart disease, arterial damage, stroke and cancer.

While the exact mechanisms are still being studied, what we know so far is that high levels of fat increase insulin resistance, a condition which may increase your risk of developing cancer, diabetes and heart disease. Also, fat increases the production of estrogen which may raise your risk of developing hormone-related cancers such as breast and uterine cancer.

Waistline fat includes not only fat directly under the skin, but also the visceral fat nestled around vital organs. Scientists say this latter type of fat is most strongly implicated in the aforementioned metabolic disturbances.

Your waistline measurement may be the most important indicator of your overall health. It may indicate your risk of developing heart disease, stroke and diabetes.

In contrast to the popular notion of fat as an inert blob, fat is actually an active substance. Fat leaks a constant stream of hormones into your bloodstream and some of these hormones are quite harmful.

Therefore, weight management and fat reduction is not only for aesthetic purposes but is also a crucial factor in maintaining good health and diminishing the risk of all degenerative disorders.
Absolute Health Integrative Cancer Treatment combines the best of natural therapy and non-invasive conventional treatments including diet manipulation - the Gerson’s way, acid-base rebalancing, detoxification, systemic hyperthermia, local hyperthermia, restoring a healthy metabolic rate, immune modulation, Immunokine™ Infusion, Oxidation therapy, polarization therapy, herbs etc. Our physicians are specialists in natural therapy for late-stage malignancies. More than half of end-stage cancer patients respond well to our treatment protocol.
Stem Cell Therapy

Stem Cell Therapy will be the most significant medical breakthrough in our lifetimes. Advancements in biomedical technology and unlocking the DNA code have brought an understanding of the human body that was never thought possible.

Stem cell treatments are a type of cell therapy that introduces new cells into damaged tissue in order to treat a disease or injury. Many medical researchers believe that stem cell treatments have the potential to change the face of human disease and alleviate suffering.

What is a stem cell?

A special type of "source" or "starter" cell that has the ability to grow into adult tissue. Stem cells are the foundation for every organ, tissue and cell in the human body. Stem cells may be able to repair or replace damaged tissue, thereby reversing diseases and injuries such as cancer, diabetes, cardiovascular disease and blood diseases, to name a few.

How could stem cell therapy help me or someone I know? Stem cells may be able to repair or replace damaged tissue, thereby reversing disease and injury. For example, heart muscle damaged by heart attacks may be regenerated by new muscle cells. Stem cell therapy has the potential to impact not just one disease, but is currently being used on more than 100 diseases. According to the scientists studying these diseases, diabetes, cancer, cardiovascular disease, Alzheimer’s, Parkinson’s, autoimmune disease, burn victims, blood diseases, leukemia, and spinal injuries could all benefit from stem cell research.

In fact, it is estimated that stem cell therapy has the potential to help over 100 million Americans alone who suffer from these and other diseases and injuries.
We currently offer three stem cell therapy treatment protocols in Bangkok, Thailand.

Autologous: taken from your own body
- Adipose derived stem cells: from fat tissue

Allogeneic:
- Umbilical cord-blood derived stem cells
- Fetal Neural derived stem cells

Our Adipose, Umbilical cord-blood and Fetal derived stem cell therapy protocols are used as a treatment option for various illnesses such as ALS, Autism, Cerebral Palsy, Diabetes, Heart disease, Multiple Sclerosis, Parkinson’s disease and Stroke. Our full treatable condition list is located on the treatable conditions page on www.stemcells21.com

Our doctors will advise you on the best protocol for your condition. We also offer an adipose derived stem cell treatment for anti-aging and body rejuvenation; this is administered via local injection routes into the target area.

You can find more in depth information and example protocols in our Autologous and Allogenic stem cell booklets.
Administration Techniques

These are the available administration techniques that are used in our stem cell therapies. Different diseases require different forms of injection routes. These are done to give the stem cells into the area that will produce the most positive results for that condition.

**Intravenous injection**

Given by injection or infusion into a vein via a small cannula.

**Lumbar puncture injection**

Placing cells into the cerebro-spinal fluid, which circulates through the brain and spinal cord. The patient lies down on his or her left side and the doctor prepares the skin for the injection with a disinfectant as for surgery. A very fine needle, too small to feel, is used to anaesthetise the skin over the 3rd to 4th lumbar vertebrae. After this a longer needle is used to anaesthetise the injection track. A spinal needle is then inserted along this track into the subdural space and, once CSF is aspirated, the cells are injected, followed by a small amount of saline to make sure all the cells are in.

Sometimes patients develop a headache and are therefore all kept in the clinic for the day and then sent back in the evening with a nurse to accompany them. Analgesia is provided always.

**Intraocular injection**

In preparation for the injection, an anesthetic (to desensitize) and a broad spectrum microbicide (to sterilize) are applied at the injection site. A sterile eyelid speculum (or similar instrument) is used to hold the eyelid open. The injection is administered into the back and side of the eyeball by a syringe with a 27 gauge (Macugen) or 30 gauge (Lucentis) needle. Patients sometimes report a sting when the needle enters, but most report only a feeling of pressure. The injection can leave a small bump that irritates the eyelid for a couple of days. The needle will likely pierce one of the many small blood vessels in the outer covering of the eye. The resulting redness is not painful, nor is it harmful, and it should clear in a day or so.
Subconjunctival injections offer a steady delivery of cells to the eye, but not in the way that you may think. While the eye will absorb some of the cells directly from a subconjunctival depot, most of the cells will move from the conjunctiva to the tear film. These cells are delivered by the tear film and absorbed through the cornea into the vitreous chamber of the eye.

The injection will be performed with the patient seated or in the semi-prone position. The application of two drops of topical anesthetic to both eyes to control blinking and decrease sensation to conjunctival manipulation. In almost all cases, subconjunctival injections are made to either the supra- or infratemporal region of the eye. This avoids extraocular muscle insertions. And, with the patient’s gaze directed nasally, it offers a relatively large target area.

Once the eye is anesthetized, your doctor will direct the patient’s gaze away from the injection, using toothed forceps to gently pinch the conjunctiva at the injection site and lift it from the surface of the globe. This results in a “tenting” of the conjunctiva off the globe. Only 1-3 mm of the needle pierces the conjunctiva, and the actual stab is made well off the surface of the globe. (This manoeuvre greatly reduces the risk of globe perforation.) With the needle placed tangential to the globe, they will pass the needle tip into this tent, and deliver the cells. After the medication is injected, they will remove the needle and release the conjunctival tent.
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